



2018 LEAP Farm Share

Local food fresh from farmers and food producers
(within 100 miles of Roanoke) straight to
you each week.

Veggie Share

24 Weeks: May – October \$470

Majority of the share is packed with popular, staple vegetables and we add occasional specialty crops to broaden your veggie horizons.

Fruit Share

22 Weeks: mid-May - October \$345

Enjoy our local cornucopia of berries, tree fruits, melons and more. This share will provide opportunity for some food preservation projects throughout the season.

Medley Share

24 Weeks: May - October \$595

A selection of BOTH fruits and veggies in moderate quantities that won't overwhelm your small household's appetite or overstuff your refrigerator.

Egg Share

24 Weeks: May - October \$125

Pasture raised laying hens from Weathertop Farm supply rich healthful eggs for you and your family. **Only with purchase of main season share.**

Winter Share

7 weeks: November – December \$285

Fill your holiday season with local meats, cheeses, bread, canned goods, eggs and produce! **West End Farmers Market Pick Up Only.**



2018 Pick Up Locations

*West End Farmers Market: Tues 3-6
Carilion Roanoke Memorial (Riverwalk
Parking Garage): Wed 3:15-6:15*



***Fill out your
Registration Form
on our Website!
www.LEAPforlocalfood.org/
Farm-Share***

What is in each Farm Share?

Veggie Share

40+ varieties of vegetables and herbs throughout the season.

Majority of share is staple crops with a sprinkling of specialty crops.

Over 95% of the vegetables are certified organic or biologically-grown. All produce is grown by local farmers trained in food safety practices.

Shares available from the week of April 30th until the week of October 22nd. You purchase 24 shares out of 26 delivery dates (you choose 2 vacation days). Veggie Share value averages \$19/week; single \$470/double \$925.

Designed to supplement two moderate vegetable eaters.

Medley Share

This mixed produce box features seasonal staples, averaging 60-40% blend of veggies to fruits.

Biologically grown and low-spray fruit sources preferred whenever possible. All produce is grown by local farmers trained in food safety practices.

Shares available from the week of April 30th until the week of October 22nd. You purchase 24 shares out of 26 delivery dates (you choose 2 vacation days). Medley Share value averages \$24/week; single \$595/double \$1175.

Designed to supplement fruit and veggie consumption for 2 people with a couple opportunities to can/preserve.

Fruit Share

Features fresh strawberries, cherries, blueberries, blackberries, peaches, pears, plums, apples, melons and more. A spring and/or autumn bonus of jams or other preserved fruits.

Biologically grown and low-spray fruit sources preferred whenever possible. All produce is grown by local farmers trained in food safety practices.

Shares available from the week of May 14th until the week of October 22nd. You purchase 22 shares out of 24 delivery dates (you choose 2 vacation days). Fruit Share value averages \$14/week; single \$345/double \$675.

Designed to satisfy 2-4 people who want the ability to can/preserve throughout the season.



Egg Share

Weathertop Farm's Extra Large Brown Eggs from free-ranging pastured poultry. Free of antibiotics and hormones.

Shares available from the week of April 30th until the week of October 22nd. You purchase 24 shares out of 26 delivery dates (you choose 2 vacation days). Single share \$125/ Double share \$245.

Egg Sharers must also be registered for another main season share.

Winter Share

A local spread of goods that includes weekly eggs (10% of weekly share), fruits and veggies (60% of weekly share), and a sampling throughout the season of value-added goods, meat, cheese, butter, and baked goods (30% of weekly share). Vegetarian/gluten free options available.

Shares available from the week of October 29th – December 17th. You purchase 7 shares out of 8 delivery dates (you choose 1 vacation day).

Winter Share value averages \$40/week; single \$285/double \$560.

How does the Farm Share work?

- All shares are filled on a “first paid – first served” basis. Reserve (register and pay for) your shares early before our program is full! **Deadline for payment is April 16th.**
- Shares may be purchased alone except for Egg Shares, which must accompany another main season share.
- Shares are not customizable with the exception of the gluten free and vegetarian options for the Winter Share.
- The SNAPShare Program (discounted share via SNAP-EBT) and the Winter Share are only available at the West End Farmers Market pick-up site.
- Two vacation dates are built into each share (one vacation day for winter share). If you do not select your dates, your vacation dates will be the last two weeks of the season (or the last week for the winter share) until you notify the Farm Share Coordinator otherwise. To change your vacation dates, notify the Farm Share Coordinator at least one week in advance of your planned absence. You can choose to not take vacation days and pay for an extra one or two shares at any point during the season. Refunds not made after payment for extra share(s) is received.
- If you forget to pick-up your share, or do not notify the Farm Share Coordinator of your vacation day requests a week in advance, your share from that date will be donated to one of our various non-profit programs or community organizations.
- Changes to share purchases and pick-up sites after the registration deadline require a \$15 administrative fee.
- After you submit your Farm Share registration, you will receive an email to confirm your registration/payment and receive the Farm Share agreement form.
- There will be food preservation classes available to Farm Share members throughout the season!
- You will receive a weekly emailed newsletter to remind shareholders about pick up and to talk about what is in the share that week, who your farmers are, and share recipes!

If you have questions, contact LEAP’s Farm Share Coordinator (farmshare@leapforlocalfood.org)



Early Bird Bonus!!!

Farm share customers who sign up and pay (or enroll in payroll deduction) before March 31st will **receive one \$10 gift certificate** to a LEAP Farmers Market per share purchased (excluding egg shares). Recipients will receive their certificate at their first farm share pick up. To redeem the Gift Certificate, visit a LEAP Market, cash in your certificate with the Market Manager for market tokens and use the tokens to purchase any items from LEAP Market Vendors!

LEAP Markets include: Grandin Village Farmers Market, West End Farmers Market, and LEAP Mobile Market. Info and schedules at www.leapforlocalfood.org/markets or check out our Facebook pages!